

Memorandum of Understanding
Between
Taiji Health Center, Shanghai University of Traditional Chinese Medicine
And
**Musculoskeletal & Chest Physiotherapy Research Laboratory, Technological
Educational Institute of Athens, Greece**

Party A: Taiji Health Center, Shanghai University of Traditional Chinese Medicine
**Party B: Musculoskeletal & Chest Physiotherapy Research Laboratory, Technological
Education Institute of Athens, Greece**

The Taiji Health Center, Shanghai University of Traditional Chinese Medicine (hereinafter abbreviated as SHUTCM) and Musculoskeletal & Chest Physiotherapy Research Laboratory, Technological Education Institute (hereinafter abbreviated as TEI) of Athens, Greece agreed to reach a memorandum of understanding (MoU) in the demand of academic culture communication and health service and to promote the Taiji concept among countries along the "Belt and Road", facilitate the collaboration in health field and promote further culture communication between the two countries.

This MoU is the strategic collaboration intention between the two parties. Specific collaboration agreements should be guided by provisions in this MoU. The details are as follows:

1. Collaboration objective

The collaboration supported by WHO aims to promote traditional Chinese Taiji Culture and enable people to achieve a state of complete physical, mental and social well-being. The collaboration intends to adapt Taiji to the local culture and benefit the local people.

2. Collaboration principles

The two parties will follow the following principles:

2.1 Under the guidance of the principle of "co-operation, co-construction and sharing", the two parties should respect both interests and establish trust.

2.2 The two parties should abide by the laws of both countries and establish the "Shanghai University of Traditional Chinese Medicine Taiji Health Center (Greece extension center)". Both parties agree to begin with collaboration in Taiji Health.

2.3 The two parties should support each other, learn from each other, and gradually expand strategic partnership.

3. Area of collaboration

The two parties will carry out further collaborations in the following areas (specific

collaboration agreements attached):

- ✓ Health care
- ✓ vocational education
- ✓ Teaching staff exchange
- ✓ Students exchange
- ✓ Academic exchange

4. Settlement of Disputes

The disputes between the two parties in the interpretation or implementation of this MoU will be resolved through friendly consultations.

5. Term

This MoU comes into force on the date of signing and is valid for 3 years. If either party fails to notify the other party in writing in 3 months prior to its expiration, the validity of this MoU shall be extended automatically for 3 years.

6. Miscellaneous provisions

This MoU only expressed agreements between the two parties to strengthen collaboration and communication and to promote Taiji concept among countries along the "Belt and Road".

This MoU was signed on October 28, 2017 in Shanghai, China, in two copies, each in Chinese and English. If there is any discrepancy between the two aforementioned versions, the Chinese language version shall prevail.

Party A: Taiji Health Center, Shanghai Education Institute of Athens, Greece

Representative:

Date:



**Party B: Musculoskeletal & Chest Physiotherapy Research Laboratory, Technological
Education Institute of Athens, Greece**

Representative:

Date:



Agreement of Cooperation
Between
Taiji Health Center, Shanghai University of Traditional Chinese Medicine
And
Research Laboratory of Musculoskeletal & Chest Physiotherapy, University of West Attica (former Technological Educational Institute of Athens)

Party A: Taiji Health Center, Shanghai University of Traditional Chinese Medicine
Party B: Research Laboratory of Musculoskeletal & Chest Physiotherapy, University of West Attica (former Technological Education Institute of Athens), Greece

The Taiji Health Center, Shanghai University of Traditional Chinese Medicine (hereinafter abbreviated as SHUTCM) and Research Laboratory of Musculoskeletal & Chest Physiotherapy, University of West Attica (former Technological Education Institute of Athens), Greece (hereinafter abbreviated as TEI) agreed to set up extension center within the TEI campus and develop collaborations in Taiji health, academic exchange, vocational education and students/faculty exchange. The two parties, seeking mutually beneficial cooperation and common development, have reached the following agreement of cooperation through friendly discussion:

1. The purpose of this agreement is to document a framework of cooperation between Party A and Party B in accordance of memorandum of understanding. The two parties agreed to establish "Taiji Health" comprehensive partnership to seek common development and long-term collaboration.

2. Specific collaboration agreements shall be guided by the provisions in this agreement.

3. Overall objective

The collaboration aims to enable people to achieve a state of complete physical, mental and social well-being advocated by WHO and promote traditional Chinese Taiji culture and Traditional Chinese Medicine (TCM). More specifically, the collaboration intends to establish an extension Taiji Health Center in Greece and benefit the local people through health cultivation, qigong, daoyin, tuina, herbal diet, TCM, acupuncture and body-mind regulation.

4. Five areas of collaboration

4.1 Establish "Taji Health Center" in TEI

- ✓ Establish "Taji Health Center" with Greek characteristics.
- ✓ Develop collaborations in health promotion, vocational education, students/faculty exchange and academic exchange.

4.2 Vocational education

- ✓ Summer school short course "Taiji Health" in TEI

- ✓ Summer school short courses in SHUTCM, after suggestion from the TEI and mutual agreement
- ✓ Distance learning vocational courses

4.3 Students exchange

- ✓ Students can participate in "Taiji Health" elective courses of their interest.
- ✓ Establishment of the extension Taiji Health Centers in Greece.
- ✓ Students exchange and conduct practical training in laboratories in China and Greece.

4.4 Teaching staff exchange

- ✓ Possibility for teaching staff to participate in combined research projects.
- ✓ Short-term or summer seminars, cross-cultural lectures or visits on specific subjects.
- ✓ Cross-cultural training for teaching staff from both Universities.

4.5 Academic exchange

- ✓ Carry out academic research cooperation on specific subjects, such as: China - Greece ancient humanistic culture research, comparative research on the history of academic development of Chinese medicine and Western Medicine, comparative research on Inner Canon of Yellow Emperor and Hippocrates medical thought, clinical research projects on TCM and Western medicine.
- ✓ Offer "Taiji Health" postgraduate course in TEI when the conditions are ripe.

5. Proposed 3-year action plan

5.1 Party B will invite represents from Taiji Health Center, SHUTCM to visit TEI between 1st and 5th of March, 2018 to enhance understanding and sign the agreement of cooperation.

5.2 In September 2018, "Extension Taiji Health Center in Greece" will officially open in TEI. At the same time, TEI will start to recruit participants for short-term Taiji training course for medical staff and normal people respectively at the end of summer 2018. Party A will send teachers to Greece for the course.

5.3 In 2018, TEI will investigate all necessary requirements (licences, local policies, etc) for the "Taiji Health" Center and course.

5.4 In 2019, "Extension Taiji Health Center in Greece" will operate normally and further carry out all-round cooperation between the two parties.

6. Structure of the extension Taiji Health Center

6.1 There will be two directors for the Center - one from China and the other from Greece. In addition, Party B will assign an administrative staff to support the day-to-day functioning of the Center.

6.2 Party A, at its own expense, shall be responsible for the provision of following services: Course design; a coordinating staff in Shanghai; and international travel of Party A's lecturers to Greece.

6.3 Party B, at its own expense, will be responsible for the provision of following facilities and services: Recruitment of participants; the provision of fully-furnished premises which are suitable to locate the training and the necessary teaching facilities; and cost of lecturers from TEI.

6.4 The revenue, net of any agreed expenditure as outlined above, in the first three years shall be split equally between Party A and Party B.

7. Course design

There are two types of courses - short-term health training courses and professional courses.

7.1 The short-term health course applies to people who love Taiji, and Chinese medicine and culture. The course lasts from a couple of days to two weeks, mainly by Qigong practice and supplemented by Qigong theory. The main contents include "Ba Duan Jin", "Simplified Taijiquan", "Gu Yin Liu Zi Jue", "Fang Song Gong" and "Zhanzhuang and Meditation".

7.2 The professional course applies to professionals, systematically studying Chinese medicine culture and Taiji health knowledge. After the examination, the relevant certificates are issued. The curriculum is mainly systematic and long-term, generally one year or so, both theoretical and practical. The main contents include "Taiji Culture", "Traditional Chinese Medicine Theory", "Acupuncture", "Massage" and "Qigong" and "Meditation". Eventually this type of course may lead to a postgraduate degree (Master's – MSc).

8. This agreement will enter into force signature by the authorized officials from both Parties. For any issue arising due to changes in national policies, rules or regulations, adjustments or additions to the contents of this agreement should be achieved through a friendly, open and mutually understanding attitude.

9. To facilitate the implementation of this agreement, Party A appoints Ms. Mi Juan to be coordinator and Party B appoints Prof Georgios Georgoudis to be the coordinator and spokesperson. Both parties agreed to communicate on a regular basis and inform the other party of major issues or events.

This agreement was signed in March 3, 2018 in Athens, Greece, in two copies, each in Chinese and English. If there is any discrepancy between the two aforementioned versions, the Chinese language version shall prevail.

Party A: Taiji Health Center,
Shanghai University of Traditional
Chinese Medicine

Representative:



Date:

2018.3.2.

Party B: Research Laboratory of
Musculoskeletal & Chest Physiotherapy,
University of West Attica (former
Technological Education Institute of
Athens)

Representative:

Assoc. Professor.
George Georgiadis

Date:

